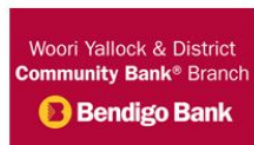
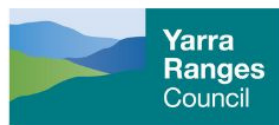




Come and join our Woori Community

Woori Community House proudly supports the WHYLD District of Woori Yallock, Hoddles Creek, Yellingbo, Launching Place & Don Valley

Supported By:



Woori Community House actively works to listen to and empower children.



Woori Community House would like to acknowledge the Wurundjeri people of the Kulin Nation who are the Traditional Owners of the land on which our community is based.

Shop 5/1385

Healesville Koo Wee Rup Rd

Woori Yallock 3139



Office Hours



Monday - Thursday 10.00am-3.00pm

Fridays 10.00am-1.00pm

*Office open during school terms only

**** House closed and no programs on**

Code Red/Catastrophic Days

and during Covid-19 Lockdowns

Contact Us

☎ (03) 5964 6857

✉ PO Box 143 Woori Yallock 3139

@ info@wooricommhouse.org.au

www.wooricommhouse.org.au

📷 www.instagram.com/wooricommunityhouse

📘 www.facebook.com/wooricommhouse

ABN 90 749 486 992 A0011007K



Woori Community House

**TERM 1 2023
COURSE GUIDE
30 January - 6 April**



Mondays

Monday Cuppa & Chat
6 February - 3 April
10.00am-12.00pm
Gold coin donation



Join us every Monday morning for a cuppa & to meet friendly locals in this weekly social group.

WOORI WANDERERS
SEE BELOW IN WHAT'S NEW!

Mindful Mondays
Be at Ease -
Learn Mindfulness
6 February - 27 February
1.00-2.00pm
Gold coin donation

In these 4 weekly workshops you will be introduced to mindfulness to decrease stress & feel at ease. Attend one or all!
Week 1: Introduction to Mindfulness
Week 2: Mindfulness of the Body
Week 3: Mindfulness & Compassion
Week 4: Mindfulness & the Senses

Stop, Breathe, Refresh
6 March - 3 April
No class on 13 March
1.00-1.30pm
Gold coin donation

Start your week with a short guided practice to make you feel more present, grounded & calm. Includes mindfulness, kindness, compassion & gratitude.



Neami National LifeConnect Groups

Brewers Club
First Monday of month
7.00pm
Gold coin donation
Join a happy group of brewers.



Tuesdays

New! MAKING MOSAICS

Mosaics

7 February - 28 March
9.30am-11.30am
\$150 for 8 weeks



Create your own original Mosaic piece. Mosaic is a decoration of a surface with designs made up of closely set, usually variously coloured, small pieces of material such as stone, mineral, glass, tile, or shell. Mosaic is a very relaxing therapeutic art where you can use your creativity. You will be guided with the basics but you can design your own piece. You can bring your own piece to decorate or we can give you ideas.

New! 1,2, BINGO!

Bingo

21 & 28 February
7, 21 & 28 March
1.30pm - 2.30pm
Gold Coin Donation

Come play Bingo with us.



Knitting for Charity

Drop off your knitted and crocheted items for donation on any day in Term 1.

Let's help keep our community snugly this winter!

Wednesdays

New! MUMS OF PRE-SCHOOLERS

You're invited to morning tea
Wed 1st March 10:30am-11:30am

Women's Health East would like to invite Mum's and children to morning tea. Connect with each other and give us your thoughts on a playgroup/mothers group for Term 2.

We would love to hear from you about how we can best run this group, including suggestions on workshops or topics of interest, and the support that might be needed to enable you to attend. This project is proudly funded by Yarra Ranges Council.



FITNESS CLASS

Dance for Fun / Strength for Living

8 February - 29 March
2.00 pm - 2.45 pm
\$120 for 8 weeks

Fun easy dance movements. Dancing has been proven to promote a wide range of benefits for the mind, body & soul. Exercise gently, with modifications for all body types and needs. Bring along your water bottle and a small towel.

New! KIDS ART

Kids Art

8 February - 29 March
4.00pm - 5.00pm
\$80 for 8 weeks

For primary aged kids 6-12 years. Create your own paintings and craft activities in this fun after school group.



Thursdays

Golden Years
9 February - 6 April
10.00am-11.30am
Free

Join a friendly group of locals in their 'golden years' for a weekly morning tea.

Dru Yoga
9 February - 30 March
1.00pm - 2.30pm
\$144 for 8 weeks



Dru Yoga is a graceful & beautiful form of Yoga, suitable for everyone, no matter what age, fitness level or ability. Bring own mat, blanket, cushion & water.

Kids Art

9 February - 30 March
4.00pm - 5.00pm
\$80 for 8 weeks



For primary aged kids 6-12 years. Create your own paintings and craft activities in this fun after school group.



Fridays

New! MUMS AND BUBS

Mums and Bubs Exercise Class

10 February - 31 March
9.00am-9.45am
\$120 for 8 weeks

Gentle exercise to help you recover from birth and regain your strength and confidence.

Over 50s Computers

10 February - 31 March
10.30am-12.00pm
Free



- Does anything digital frustrate you?
 - Do you need help with your phone, tablet or laptop?
 - Bring in your phone, tablet or laptop to get some advice from our tech volunteers or learn the basics on our in house computers.
- Part of the Be Connected Program

WOORI WANDERERS

Once a month Woori Wanderers secret club!

Meet at Woori Community House and grab your clue. Find your destination close by and collect your reward.

20th Feb & 20th March 2023 at 10am

Weekends

New! KIDS ART

Saturday Kids Art
Saturday 18 February - 1 April
No class 11 March
9.30am - 11.00am
\$60 for 6 weeks
(Includes materials)

Age: 6-11 years
Come along to our Art activities on a Saturday morning.

Sumi-e Painting

11 February - 4 March
1.00-3.00pm
\$80 for 4 weeks
(includes materials)

Learn traditional Japanese Painting which includes a meditation approach to the process in making your ink & painting techniques.

WALK IN WOORI

Walk In Woori
Sunday 2 April
10.00am-1.00pm
Free

Meeting Point: Symes Road, Woori Yallock Rail Station.
Reconnect and join us in a 1km walk / ride / scooter along a flat part of the Warby Trail. Have the opportunity to talk to community members about the History & Environment of the local area. Register for FREE to receive a showbag.

Online Bookings: www.wooricommhouse.org.au/ourcourses

Phone: (03) 5964 6857

Email: info@wooricommhouse.org.au

www.facebook.com/wooricommhouse

BOOKING AND PAYMENT
ESSENTIAL FOR ALL CLASSES
PRIOR TO THE CLASS

Our Street Library is free and available 24/7!

It's outside our door in the yellow fridge.

Borrow, swap or keep!





Venue Hire



Our group room is available to hire for meetings, groups and courses. Includes a large carpeted room with computers, WiFi, kitchenette and toilet with disability access. Laptop, projector, tables and chairs available for use. Also has optional mirrored wall for dance and fitness classes.

Available 7 days a week and after hours. Wheelchair accessible.

**Covid-19 restrictions may apply with every room hire.*

Call us to discuss your room hire needs. Ask us about our 'all day hire' special rate and packages.



Facilities

We offer low cost printing services (A4 & A3) as well as laminating. Computers are also available for use when classes are not running. Please call ahead to check availability.



House Membership

\$10 PER CALENDER YEAR

Support the community house and become a member! Enjoy free use of our WiFi, cuppas, voting rights at our Annual General Meeting and our Member's Christmas Lunch. 10% off Tutor Classes.

Volunteer

We welcome new volunteers to Woori Community House. Talk to us about what skills and time you are able to offer. Opportunities include:

- Being on our volunteer Committee of Management.
- Office administration.
- Helping out at events.
- Helping to facilitate groups.
- Helping us to spread the word about our programs.
- Maintaining our community garden beds.
- Social media assistance.



See what courses we have on offer inside. We run wellbeing, mental health, art and social groups.

ONLY 25 MINUTES FROM LILYDALE

Themed **FREE** entertainment for the whole family. There's fun and excitement!

Punch 'n Judy Shows, Face Painting, Target Practice, Games

Enjoy displays of life in medieval times with LARP groups. The Knights of Camelot shall be roving the lands to protect the kingdom from Sven and any other threats. See the wonderful Camelot Castle gardens Market Stalls

FREE FAMILY FUN

Hey kids! Help Free the DRAGON!

Get your map from Woori Community House Stall, Collect stickers, enter & be at the Draw for your chance to win a prize!

ENTRY: GOLD COIN DONATION

Contact Lindsay on 0488 998 390 to arrange **DISABILITY ACCESS**

2605 HEALESVILLE-KOO-WEE-RUP ROAD, YELLINGBO
FEBRUARY 5 2023, 10am to 4pm